

Weekly message for Greenhead College students and parents/carers

Friday, 3 May 2024



Dear all,

I hope this week has gone well for all students.

On Thursday, we issued the results of A1 progress assessments to our first-year students. I hope these have gone well for everybody. We will shortly be embarking on subject monitoring for A1s, which will be an opportunity for students to reflect on these results and plan ahead for the second year of their studies.

Today, I am starting assemblies for A2 students, which contain an important pre-exam briefing. These will continue into next week.

Here are this week's messages:

MESSAGES FOR ALL STUDENTS AND PARENTS/CARERS

M+P Week 3

Next week is [M+P Week 3](#) and this time, the theme will be **'Looking to the future'**. This will be explored by teachers and tutors, and there will also be further activities outside the classroom that all students can get involved in.

Details will be shared in your tutor group, on social media and on the various electronic screens in College.



**Mental Health
& Well-being**

Sports awards

On Wednesday of this week, the College celebrated a year-long run of success with its annual sports awards. This was an amazing event showcasing our students' outstanding achievements across what has been a bumper sporting season for the College.

Here is the full list of award-winners:

Badminton

Honours: George Whyton
Most Valuable Player: George Whyton
Players' Player: Joanna Xu & Chris Daniel

Basketball

Honours: Martin Johnson
Most Valuable Player: Rayane Chaoukar
Players' Player: Daniel Onobrakpeya

Women's Football

Honours: Katie Cannon

First Team

Most Valuable Player: Alex Cleverly
Player's Player: Beth Howarth

Second Team

Most Valuable Player: Charlotte Haigh
Second Team Player's Player: Ava Glass

Men's Football

Honours: Rob Barker

First Team

Most Valuable Player: Jamal Mahmood
Players' Player: Rob Barker

Second Team

Most Valuable Player: Eesah Gokalia
Players' Player: Finlay Shaw

Third Team

Most Valuable Player: Bradley Heywood
Players' Player: Elliot DiNapoli

Hockey

Honours: Ruby Fawdington-Fisher

Women's Team

Most Valuable Player: Lucy Holland
Player's Player: Fiona Blenkin

Mixed Team

Most Valuable Player: Ed Crowther
Players' Player: Lucca Wild

Netball

Honours: Lottie Mackrill

First Team

Most Valuable Player: Caitlyn Lunn
Players' Player: Caitlyn Lunn

Second Team

Most Valuable Player: Alex Denton
Players' Player: Ciera Southern

Third Team

Most Valuable Player: Adonai Kasongo
Players' Player: Madeleine Grogan & Adonai Kasongo

Rugby League

Honours: Ben Foster
Most Valuable Player: Dylan Ireland
Players' Player: John Mernagh

Here are some pictures (*overleaf*) from the event:



Academic skills weekly top tip

This week, we are encouraging you to identify your optimal time of day for productivity.

During a typical day, we all move through phases of attention. There are times when you will feel switched on and eager to start something, then there will be times when you feel lethargic with poor focus. Try to notice your pattern so you can study when you feel most productive.



Ask yourself, when am I most alert? When am I more likely to procrastinate a task? When am I happier to deal with complex information? When do I switch off?

Try making a plan that maximises the best time to study and gives you rest when you need it. You may need to amend existing revision plans to accommodate your observations. Ideally, you want to work when your energy levels are rising and take breaks when you are feeling less focused.

- **If you are a morning person, test yourself with a set of flashcards before breakfast.**
- **If you are most focused midday, do a past paper question before lunch.**
- **You may like to work in the late afternoon after College, so you could start on the bus or train on the way home using an App such as Quizlet to do some retrieval practice.**
- **If the evening is the time for you, try ‘blurting’ a challenging topic that you recently learnt.**
- **Do you experience the ‘post lunch slump’? If so, try to build in time to go for a walk and get some fresh air before working.**

If you work at the right time, you can boost your attention and get more work done in less time. Effective study requires good attention to detail. If you can identify your optimal time of day for productivity, you should find your revision sessions are effective and positive.

Public Sexual Harassment

A reminder that Sabbah Faris will be delivering interactive training on Public Sexual Harassment on **Thursday, 9 May** 12.35-1.30 pm in G17.

Everyone is also invited to a follow-up meeting where we will discuss events and awareness raising strategies. The follow up meeting will be in M3 on **Monday, 13 May** at 12.45 pm.

You can register your interest [here](#).

MESSAGE FOR A1 STUDENTS AND PARENTS/CARERS

Higher Education information evening (for parents/carers)

A reminder that this event will be taking place on **Thursday, 9 May** at **6.30 pm**. If you have accessibility issues, please contact Claire Parr (cparr@greenhead.ac.uk) who will discuss this with you.

MESSAGES FOR A2 STUDENTS AND PARENTS/CARERS

Non-Examined Assessment (NEA) marks

Can I remind students and parents/carers that the NEA marks which were released last week should be viewed via Markbook on Cedar.

Please disregard any information for the NEA showing within the Common Assessment Points screen, including any grade attributed by Cedar. NEA elements are a mark only (or a Pass for Sciences/Geology).

Students should also note that marks for A Level Art will be released at 9.00 am on **Wednesday, 15 May**. The appeals window for this subject will close at 4.00 pm on **Friday, 17 May**.

The appeals window for all other subjects has now closed.

End-of-course surveys

Teachers will be conducting these surveys over the next couple of weeks.

Staff would welcome positive comments. However, please ensure that all feedback you give about your subject is constructive and does not mention a teacher by name.

Assemblies

Please note that end-of-course assemblies for A2 starts will continue into next week.

Here are the details:

Tuesday, 7 May, 12.35-1.35, 1.35-2.35

Wednesday, 8 May, 8.45-9.45

Friday, 10 May, 9.45-10.55, 1.05-1.55, 1.55-2.55.

These will take place in **R20**.

Best wishes,

Simon Lett,
Principal